

Highly Recommended



# OBJECTIVE VERBAL & NON-VERBAL REASONING

For  
**All Competitive Examinations**

SSC - CGL, CHSL, MTS/RRB - Group 'D', ALP, NTPC/NDA/CDS/IBPS PO & Clerk

Get the #OswaalEdge

## 100% Exam Readiness

with Concise theory & Previous Years Questions for Practice

## Cognitive Learning

with Smart Mind Maps

## Valuable Exam Insights

with Learning Objectives & Exercises with 3 levels of difficulties

## Extensive Practice

with more than 2000+ Questions

## Examination Analysis

with Exam-wise & Topic-wise Trend Analysis

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COVERED



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## Objective Verbal & Non-Verbal Reasoning

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Kindle Edition

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# Preface

Welcome to the world of reasoning, where logic and deduction merge to unravel the mysteries behind verbal and non-verbal reasoning. This book '**Objective Verbal & Non-Verbal Reasoning**' is meticulously crafted to serve as a comprehensive guide and an exhaustive question bank for mastering the intricate realms of reasoning.

In today's dynamic and competitive world, the ability to reason effectively stands as a fundamental skill. Whether you're preparing for competitive exams, aiming to enhance your cognitive abilities, or simply seeking to sharpen your logical thinking, this book is designed to be your trusted companion.

The verbal reasoning sections delve into the intricacies of language, testing your ability to decipher complex information, draw inferences, and discern patterns within the context of words and sentences. On the other hand, the non-verbal reasoning sections challenge your visual acumen, spatial awareness, and logical thinking through an assortment of figures, diagrams, and patterns.

Some unique features of this book are:

- **Crisp Revision:** Concepts Review & Mind Maps offer bite-sized and just-in-time revision tools.
- **Extensive Practice:** with More than 2000 Previous year questions from various competitive exams segregated based on difficulty level.
- **Concept Clarity:** Easy to Grasp theory complemented by Solved examples.
- **Expert Tips:** Helps you get expert knowledge to master the Reasoning Ability on your first attempt.
- **Learning Objectives:** Outlines what aspirant should understand or be able to achieve after the course
- **To-the-point theory:** The book provides concise and clear explanations of Verbal & Non-Verbal Reasoning concepts without overwhelming readers with too much information.
- **Quick and easy techniques:** The book offers shortcuts and easy-to-follow techniques to help readers solve typical exam questions quickly and efficiently.

In conclusion, this book aims to provide a one-stop solution for all the aspirants who are preparing for competitive exams.

Our books have always been well received by our readers and this is a testament to our research-oriented approach. Our learning pedagogy supplements our editorial research and makes our book current and relevant. We hope our resources will help students to supplement their examination preparation strategy and help them secure high scores.

We wish our readers great success ahead!

Happy learning!

Team Oswaal

# Deciphering Verbal & Non-Verbal Reasoning

In competitive examinations, a balanced proficiency in both verbal and non-verbal reasoning is essential. These tests aim to gauge an individual's overall cognitive aptitude, including analytical skills, logical reasoning, problem-solving abilities, and adaptability to various question formats.

## 1. Verbal Reasoning:

- **Reading Comprehension:** Understand and analyze passages, extracting key information, and inferring implied meanings.
- **Critical Reasoning:** Evaluate arguments, identify assumptions, draw conclusions, and assess the validity of statements.
- **Syllogisms and Logical Deductions:** Apply logical rules to assess the validity of conclusions drawn from given statements.
- **Analogies and Relationships:** Recognize patterns, similarities, and relationships between words or concepts.
- **Coding-Decoding:** Decipher coded language or symbols based on given patterns or rules.
- **Word Problems:** Solve problems involving verbal statements, equations, and logical deductions.

## 2. Non-Verbal Reasoning:

- **Spatial Reasoning:** Understand and manipulate shapes, figures, and spatial arrangements.
- **Pattern Recognition:** Identify and continue sequences, analogies, and patterns among shapes, images, or symbols.
- **Classification:** Grouping or categorizing elements based on shared characteristics or rules.
- **Series and Sequences:** Recognize and predict sequences or patterns in non-verbal elements like figures, symbols, or shapes.
- **Mirror and Water Images:** Visualize and understand how objects or shapes appear in mirrors or when reflected in water.
- **Cube and Dice Problems:** Analyze and solve problems based on rotations or arrangements of three-dimensional objects.

## 3. Strategies for Preparation:

- **Practice Regularly:** Solve a variety of problems regularly to improve speed and accuracy.
- **Understand Concepts:** Grasp the underlying principles and rules governing different types of reasoning problems.
- **Time Management:** Practice time-bound solving to manage the limited time available in exams effectively.
- **Review Mistakes:** Learn from errors to understand the reasoning behind correct solutions.
- **Mock Tests:** Take simulated exams to simulate real test conditions and assess your readiness.

## Contd....

### 4. Effective Techniques:

- **Elimination Method:** Eliminate improbable choices to increase the probability of selecting the correct answer.
- **Backtracking:** Revisit questions if time permits, but avoid excessive dwelling on a single problem.
- **Visualization:** Develop visual methods or mental imagery to tackle non-verbal reasoning problems effectively.
- **Keyword Analysis:** Pay attention to keywords or cues in verbal reasoning questions to derive accurate answers.
- **Relate to Real Life:** Relate problems to real-life scenarios to understand and solve them efficiently.
- Understanding and practicing both verbal and non-verbal reasoning concepts extensively can significantly enhance performance in competitive examinations..

# Importance of Verbal & Non-Verbal Reasoning

Verbal and non-verbal reasoning play crucial roles in various competitive examinations by assessing different cognitive abilities:

## 1. Verbal Reasoning:

- **Critical Thinking:** Verbal reasoning assesses your ability to comprehend and evaluate written information, draw conclusions, and think critically about the presented material.
- **Language Skills:** It evaluates vocabulary, grammar, and reading comprehension, which are fundamental in most competitive exams.
- **Logical Deduction:** Tests often include questions related to syllogisms, logical reasoning, and argument analysis, checking your ability to follow and draw logical conclusions from written information.

## 2. Non-verbal Reasoning:

- **Visual-Spatial Skills:** This section assesses your ability to understand and analyze visual information, such as patterns, sequences, and relationships between shapes or objects.
- **Abstract Thinking:** Non-verbal reasoning evaluates your capability to recognize and manipulate abstract concepts and patterns.
- **Problem-Solving:** Questions may involve series completion, analogies, classifications, and spatial reasoning, which are crucial for problem-solving skills.

In competitive examinations, both verbal and non-verbal reasoning sections aim to gauge different aspects of intelligence and cognitive abilities. They help examiners assess candidates' logical thinking, problem-solving capabilities, and ability to interpret information accurately, making them significant parts of such assessments. Strong performances in these sections often indicate a candidate's adaptability, quick thinking, and overall intellectual aptitude, which are valued across various professions and academic pursuits.

# Tips to Crack Verbal & Non-Verbal Reasoning in the First Attempt

The Reasoning Ability is a crucial section in many competitive exams in India, such as bank exams, UPSC, SSC, CAT, and other MBA entrance exams. Reasoning Ability has a major role in competitive exams in India as it tests essential knowledge and skills required for various fields & evaluates analytical and logical thinking skills. Cracking the Reasoning Ability section of a competitive exam in the first attempt requires hard work, dedication, and a strategic approach. Here are some tips that can help you achieve success in your first attempt:

**1**

## Think Right

Calming yourself and thinking positive is the first and the best course of action that one is required to take. Think and believe that the exam goal is achievable if worked upon smartly.

**2**

## Start studying from the beginning

All the aspirants are aware of how vast, comprehensive and detailed the syllabus of the Reasoning Ability Section is. To crack the exam in the first attempt you have to start preparing for the exam from the beginning of your 12th class. It is only then that you will be able to complete the entire syllabus. Following this approach will also allow you plenty of time to revise.

**3**

## Respect the syllabus and arrange the materials accordingly

While preparing for the Reasoning Ability nothing can be labelled as less important. Questions can come from the most unexpected topics too. Laying down your whole syllabus in front of you will help you to decide on the study material you require.

**4**

## Get the right tools and study material

Gathering and preparing from the appropriate study material is something you cannot be ignorant towards. You can refer to Oswaal 'Objective Verbal & Non-Verbal Reasoning' to enhance your preparation. This is on the lines of the current syllabus and can be entrusted upon before the examination.

**6**

## Understand the concepts

No one can crack the Reasoning Ability exam just by mugging up all the concepts and topics. The syllabus of the exam is in-depth such that you need to understand every concept.

**7**

## Practice a lot of Sample Papers

Oswaal 'Objective Verbal & Non-Verbal Reasoning' will not only help you in understanding the examination pattern, but they will also help you in figuring out the questions that come up every year and this might give you an edge over other students. This includes all the typologies of Questions asked in the Examination, Previous Years Papers with solutions, Mind Maps, etc. Referring to various sample papers might also help you in comprehending the areas which require more work.

**5**

## Schedule time for each subject

Creating a schedule which gives due time to all the subjects is a must. Giving proper time to all the subjects daily will help you cover the syllabus on time, giving you enough time for revision.

**8**

## Revise whenever you get time

Make sure you revise as much as possible. The revision will help you in keeping the concepts fresh in your mind.

**9**

## Analysing your performance

While you are solving papers, make sure you keep a track of time i.e. how much time does it take to solve one section or one question? Make a report of the sections and type of questions which take minimum and maximum time.

# Syllabus for major Competitive Examinations

SSC - CHSL (Combined Higher Secondary Level)	
<b>A. Verbal Reasoning</b> <ol style="list-style-type: none"><li>1. Number Series</li><li>2. Classification</li><li>3. Venn Diagrams</li><li>4. Problems on Figural Pattern</li><li>5. Statements and Arguments</li><li>6. Statements and Assumptions</li><li>7. Puzzles</li><li>8. Coding and Decoding</li><li>9. Alphabet Series</li><li>10. Analogy</li><li>11. Paper folding</li><li>12. Syllogism</li><li>13. Statements and Conclusions</li><li>14. Assertions and Reasoning</li><li>15. Seating Arrangements (Circular and Linear)</li><li>16. Word building</li><li>17. Blood Relations</li></ol>	<b>B. Non-Verbal Reasoning</b> <ol style="list-style-type: none"><li>1. Analogy</li><li>2. Pattern Matching</li><li>3. Classifications</li><li>4. Mirror Images &amp; Reflection</li><li>5. Rotations &amp; Symmetry</li><li>6. Grouping of Identical Figures</li><li>7. Figure Matrix</li><li>8. Paper Folding</li><li>9. Cube and Dice</li><li>10. Water Images</li><li>11. Rule Detection</li><li>12. Series</li><li>13. Embedded Figures</li></ol>

SSC - CGL (Combined Graduate Level)	
<ul style="list-style-type: none"><li>➤ Analogies</li><li>➤ Similarities and differences</li><li>➤ Space visualization</li><li>➤ Spatial orientation</li><li>➤ Problem-solving</li><li>➤ Analysis</li><li>➤ Judgment</li><li>➤ Blood Relations</li><li>➤ Decision making</li><li>➤ Visual memory</li></ul>	<ul style="list-style-type: none"><li>➤ Discrimination</li><li>➤ Observation</li><li>➤ Relationship concepts</li><li>➤ Arithmetical reasoning</li><li>➤ Figural classification</li><li>➤ Arithmetic number series</li><li>➤ Non-verbal series</li><li>➤ Coding and decoding</li><li>➤ Statement conclusion</li><li>➤ Syllogistic reasoning</li></ul>

## Contd....

<b>LIC - AAO (Assistant Administrative Officer)</b>	
<ul style="list-style-type: none"> <li>➤ Puzzles</li> <li>➤ Seating Arrangements</li> <li>➤ Direction Sense</li> <li>➤ Blood Relation</li> <li>➤ Syllogism</li> <li>➤ Order and Ranking</li> </ul>	<ul style="list-style-type: none"> <li>➤ Coding-Decoding</li> <li>➤ Machine Input-Output</li> <li>➤ Inequalities</li> <li>➤ Alpha-Numeric Symbol Series</li> <li>➤ Data Sufficiency</li> <li>➤ Logical Reasoning</li> </ul>

<b>IBPS PO – Probationary Officer</b>	<b>IBPS – Clerk</b>
<ul style="list-style-type: none"> <li>➤ Verbal Reasoning</li> <li>➤ Alphabet Test</li> <li>➤ Blood Relations</li> <li>➤ Calendars</li> <li>➤ Clock Reasoning</li> <li>➤ Data Sufficiency</li> <li>➤ Decision Making</li> <li>➤ Distance &amp; Directions</li> <li>➤ Input Output</li> <li>➤ Puzzle</li> <li>➤ Seating Arrangement</li> <li>➤ Non-verbal Reasoning</li> <li>➤ Analogy</li> <li>➤ Classification</li> <li>➤ Number Series</li> <li>➤ Mixed Series</li> <li>➤ Counting Figures</li> <li>➤ Mirror Image &amp; Water Image</li> <li>➤ Cube and Dice</li> </ul>	<ul style="list-style-type: none"> <li>➤ Verbal Reasoning</li> <li>➤ Analogy</li> <li>➤ Classification</li> <li>➤ Word formation</li> <li>➤ Statement and conclusions Syllogism</li> <li>➤ Statement and assumptions</li> <li>➤ Statement and arguments</li> <li>➤ Coding-Decoding</li> <li>➤ Blood Relations</li> <li>➤ Passage and conclusions</li> <li>➤ Alphabet test</li> <li>➤ Series Test</li> <li>➤ Number, Ranking and time sequence</li> <li>➤ Direction sense Test</li> <li>➤ Decision-making test</li> <li>➤ Figure series</li> <li>➤ Input/output</li> <li>➤ Assertion and reasoning</li> <li>➤ Sitting Arrangement</li> <li>➤ Non-Verbal Reasoning</li> <li>➤ Series test</li> <li>➤ Odd figure Out</li> <li>➤ Analogy</li> <li>➤ Miscellaneous Test</li> </ul>

<b>Common Admission Test (CAT)</b>
<b>Verbal Ability:</b> Para Jumbles, Summary, Sentence Completion, Odd Sentence Out, Antonyms & Synonyms, Error Detection, Phrase Modifiers, Idioms, Analogies, Cloze Test, Word Usage

# Trend Analysis

<b>Chapters</b>	<b>SSC-CHSL</b>	<b>SSC-CGL</b>	<b>IBPO PO</b>	<b>IBPS Clerk</b>	<b>CAT</b>	<b>LIC AAO</b>	<b>RRB</b>	<b>Airforce Group X &amp; Y</b>
<b>A. Verbal Reasoning</b>								
Series Completion	2-4	2-3				3-5	4-6	6-8
Analogy	2-4	2-3	3-5	2-4	1-2		3-5	4-6
Classification	1-3	1-2					2-4	4-6
Coding-Decoding	2-4	2-3	3-5	3-5		2-3	3-5	4-6
Blood Relations	1-3	1-2	3-5	2-4		2-4	2-4	2-4
Puzzles	2-3		5-10	5-10		5-7		
Sequence Output Tracing								
Direction Sense Test	1-2	1-2	3-5	1-3		2-3	1-3	2-4
Logical Venn Diagrams	1-2	1-2						2-4
Alphabet Test		1						
Alpha Numeric								
Ranking and Time Sequence Test		1-2						
Mathematical Operations								
Inserting the Missing Characters								

## Contd....

<b>Chapters</b>	<b>SSC-CHSL</b>	<b>SSC-CGL</b>	<b>IBPO PO</b>	<b>IBPS Clerk</b>	<b>CAT</b>	<b>LIC AAO</b>	<b>RRB</b>	<b>Airforce Group X &amp; Y</b>
<b>B. Non-Verbal Reasoning</b>								
Series	2-4	2-3	5-10	3-5	4-5	3-5	4-6	6-8
Analogy	1-2	1-2	3-5	2-4	3-4	2-4	3-5	4-6
Classification	1-2	1	3-5	2-4	3-4	2-3	2-4	4-6
Mirror and Water Images	1-3	2-4	3-5	1-3		2-4	2-4	2-4
Embedded figures	1-2	1		1-3		2-3	2-4	2-4
Completion of Incomplete Pattern	2-4	1	2-3	2-5	2-3		3-5	2-4
Grouping of Identical Figures and Figure matrix		3-5		3-4	1-2		2-4	5
Paper Folding and Cutting	1-3	1-2	2-3	1-3		1-2	1-3	2-4
Cubes and Dice		1						2-4
Dot Situations								



# Be mindful. Be grateful. Be positive. Be true. Be kind

**01**

Three things  
that make  
you special

**02**

Three people  
you are  
grateful for  
and why

**03**

Three simple  
things you  
are grateful  
for

**04**

A challenging  
experience  
that made  
you stronger

**05**

Three ways to  
inject gratitude  
into a current  
challenge

**06**

Describe the  
last time you did  
something nice  
for someone

**07**

A fear you  
have  
overcome

**08**

Three  
activities you  
enjoy most  
and why

**09**

What made  
you smile  
today?

**10**

Three things  
you love about  
your family

**11**

What is your  
favorite place,  
and why?

**12**

Three things  
you love most  
about  
yourself

**13**

The last time  
you were  
overcome  
with joy

**14**

A risk you are  
grateful you  
took and why

**15**

Three everyday  
items you are  
grateful for

**16**

Three songs  
that bring you  
joy

**17**

What skill do you  
have that you  
are grateful for  
and why?

**18**

One luxury  
you are  
thankful for

**19**

Describe a  
rejection you  
are grateful  
for

**20**

Three things  
about your  
body you are  
grateful for

**21**

What are you  
most grateful  
for in your daily  
life?

**22**

Three things you  
are grateful for  
about where  
you live

**23**

Three items in  
your home  
you are  
grateful for

**24**

Say thank you  
to someone

**25**

Something in  
nature you are  
grateful for

**26**

A person in your  
past you are  
grateful for

**27**

Something at  
school you're  
grateful for

**28**

Describe the  
last time you  
laughed so  
hard you cried

**29**

What is your  
proudest  
accomplish-  
ment?

**30**

Three things  
you want to  
manifest

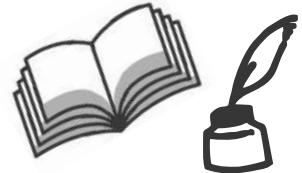
# Positive Affirmations

An affirmation is a positive statement or phrase that individuals repeat to themselves with the intention of fostering a positive mindset, self-confidence, or personal development. The practice involves affirming desired beliefs or qualities, often in the present tense, to reinforce a positive self-image and encourage a more optimistic outlook.

**"EMBRACE YOUR UNIQUENESS, NOURISH SELF-CARE, AND PRESS FORWARD RELENTLESSLY. TO ACHIEVE FLIGHT, UNLOAD THE BAGGAGE THAT SLOWS YOUR ASCENT."**



I strongly trust in my vision and work diligently towards making it a reality.



I am capable of learning and growing everyday.



I embrace my mistakes, learn from them and use them to fuel my growth & resilience.



I celebrate my quirks, for they make me beautifully unique.



My voice matters and I believe in the power of my words to shape the world around me.

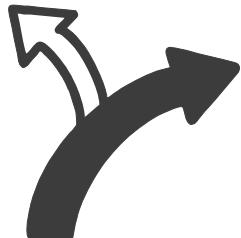
# POSITIVE AFFIRMATIONS



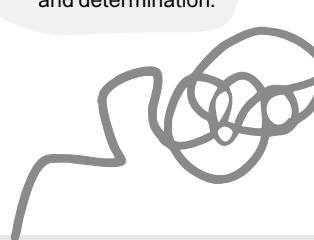
I celebrate the achievements of others without diminishing my journey.



I face challenges with courage and determination.



I am not the product of circumstances, I am the product of my own choices.



I believe that the twists & turns of my life lead me to an extraordinary destinations.

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<b>AHMEDABAD</b>	<b>GUJARAT</b> Patel Book, 9898184248, 9824386112, 9825900335, Zaveri Agency, 9979897312, 9979890330	<b>CHANDIGARH</b>	<b>RAJASTHAN</b> Vardhman Book Depot, 9571365020, Raj Traders, 9309232829
<b>VAPI</b>	<b>VALSAD</b> Goutam Book Sellers, 9081790813 Mahavir Stationers, 9429474177	<b>KOTA</b>	Nakoda Book Depot, (01482) 243653, 9214983594 Ravi Enterprises, 9829060694, Saraswati Book House, (0141) 2610823, 9829811155, Goyal Book Distt., 9460983939, 9414782130
<b>ROHTAK</b>	<b>HARYANA</b> Manish Traders, 9812556687	<b>AGARTALA</b>	<b>TRIPURA</b> Book Corner, 8794894165, 8984657146
<b>BALLABGARH</b>	<b>JAMMU</b> Kashi Ram Kishan Lal, 9289504004, 8920567245 Sahitya Sangam, 9419190177	<b>COIMBATORE</b>	<b>TAMIL NADU</b> Majestic Book House, (0422) 2384333, CBSC Book Shop, 9585979752 Arraba Book Traders, (044) 52387868, 9841459105, M.R. Book Store (044) 25364596, Kalaimagal Store, (044) 5544072, 9940619404, Vijaya Stores, 9381037417, Bookmark It-Books & Stat. Store, 7305151653, M.K. Store, 9840030099, Tiger Books Pvt. Ltd., 9710447000, New Mylai Stationers, 9841313062 Sri Lakshmi Book Seller, 7871555145
<b>BOKARO</b>	<b>JHARKHAND</b> Bokaro Student Friends, (0654) 2233094, 7360021503	<b>SALEM</b>	<b>SALEM</b> Pattu book centre, 9894816280
<b>RANCHI</b>	<b>RANCHI</b> Crown Book Distributor & Publishers, (0651) 2213735, 9431173904, Pustak Mandir, 9431115138,	<b>TRICHY</b>	<b>TRICHY</b> P.R.Sons Book Seller, 9443370597
<b>DUMKA</b>	Vidyanthi Pustak Bhandar, 9431310228	<b>THENI</b>	<b>THENI</b> Maya Book Centre, 9443929274
<b>HUBLI</b>	<b>KARNATAKA</b> Renuka Book Distributor, (0836) 2244124	<b>HYDERABAD</b>	<b>TELANGANA</b> Sri Balaji Book Depot, (040) 27613300, 9866355473, Shah Book House, 9849564564
<b>BANGLORE</b>	Krishna book house, 9739847334, Hema Book Stores, 9986767000, Sapna Book House Pvt. Ltd., 9980513242	<b>AGRA</b>	<b>UTTAR PRADESH</b> Sparsh Book Agency, 9412257817, Om Pustak Mandir, (0562) 2464014, 9319117771
<b>ERNAKULAM</b>	<b>KERALA</b> Academic Book House, (0484) 2376613, H & C Store, 9864196344, Surya Book House, 9847124217, 9847238314	<b>ALLAHABAD</b>	Mehrotra Book Agency, (0532) 2266865, 9415636890
<b>KOTTAYAM</b>	Book Centre, (0481) 2566992	<b>AZAMGARH</b>	Sasta Sahitya Sadan, 9450029674
<b>TRIVANDRUM</b>	Academic Book House, (0471) 233349, 9447063349, Ponni Book Stall, 9037591721	<b>ALIGARH</b>	K.B.C.L. Agarwal, 9897124960, Shaligram Agencies, 9412317800, New Vimal Books, 9997398868
<b>CALICUT</b>	Aman Book Stall, (0495) 2721282,	<b>GORAKHPUR</b>	<b>GORAKHPUR</b> Central Book House, 9935454590 Bhanu Book Depot, 9415031340
<b>GWALIOR</b>	<b>MADHYA PRADESH</b> Agarwal Book Depot, 9425116210	<b>JHANSI</b>	<b>JHANSI</b> Radha News Agency, 8957247427, Raj Book Dist., 9235616506
<b>INDORE</b>	Bhaiya Industries, 9893326853, Sushil Prakashan,(0731) 2503333, 2535892, 9425322330	<b>KANPUR</b>	Vyapar Sadan, 7610102462, Om Book Depot, 7705871398, Azad Book Depot Pvt. Ltd., 731700250, Book Sadan, 9839487327, Rama Book Depot(Retail), 7355078254, Ashirwad Book Depot, 9235501197, Book.com, 7458922755
<b>JABALPUR</b>	Bhaiya Store, 9425318103, Vinay Pustak Sadan, 8962362667, Anand Books and Stationers, 9425323508	<b>LUCKNOW</b>	Ideal Book Depot, (0121) 4059252, 9837066307 Prozo (Global Edu4 Share Pvt. Ltd), 9318395520
<b>SAGAR</b>	Princi Book Depot, Sadan, 9977277011	<b>MEERUT</b>	<b>MEERUT</b> Inder Book Agencies, 9634045280
<b>PUNE</b>	<b>MAHARASHTRA</b> Natraj Book Depot, (020) 24485054, 9890054092, Vikas Book House, 9921331187, Pravin Sales, 9890683475, New Saraswati Granth Bhandar, 9422323859, Akshar Books & Stationary, 7385089789, Vandhaman Educational, 9860574354, Yash Book Centre, 9890156763	<b>NOIDA</b>	<b>DEHRADUN</b> MEERUT
<b>MUMBIAI</b>	Vidyarthi Sales Agencies, 9819776110, New Student Agencies, 7045065799,	<b>KOLKATA</b>	<b>DEHRADUN</b> Inder Book Agencies, 9634045280
<b>LATUR</b>	Yash Book House, 9637936999	<b>COOCH BEHAR</b>	<b>WEST BENGAL</b> Oriental Publishers & Distributor (033) 40628367, Katha 'O' Kahini, (033) 22196313, 22419071, Saha Book House, (033) 22193671, 9333416484, United Book House, 9831344622, Bijay Pustak Bhandar, 8961260603
<b>KOLHAPUR</b>	Granth the Book World, 9922295522,		
<b>NAGPUR</b>	Laxmi Pustakalay and Stationers, (0712) 2727354		
	Renuka Book distributor, 9765406133, Novelty Book Depot, 9657690220, Karamveer Book Depot, 9923966466		
<b>NASHIK</b>	Rahul Book Centre, 9970849681, New India Book House, 9623123458		
<b>DHULE</b>	Navjeevan Book Stall, 7020525561		
<b>YAVATMAL</b>	Shri Ganesh Pustakaya, 9423131275		

# WRITING YOUR NOTES

**Just in case you have forgotten today, takedown your notes!**

**But why is it so important?**

Tools for the hands are tools for the brain writes Hetty Roessingh.

Handwritten notes are a powerful tool for encrypting embodied cognition and in turn supporting the brain's capacity for recuperation of information. If that sounds so scientific then in simple words: Writing notes by hand help you to:

- ◆ Increasing your comprehension   ◆ Strengthening your memory   ◆ Igniting your creativity
- ◆ Engaging your mind   ◆ Increasing your attention span

Are these reasons enough to get you started?

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